The Official Newsletter of the Golf Lakes Pickleball Club

Editor: Larry Van Deventer

Website: www.GL-PC.org

Edition #35 March 2023

President's Message

It is hard to believe the season is over. We implemented some new ideas this year, rotation on the courts, new formats for tournaments and time limit play which were all very efficient. We worked hard with new players to improve their skills so they are comfortable to play in organized play. We hosted the Sports Mixer and Coffee hour, thank you to all that volunteered. Thank you Bonnie for hosting the year end social at your house. It was one of the largest gatherings that we have ever had. Thank you to Leon and Sharon for your generous donation.

I wish to thank all my committee members for working with me for the last three yours. Congratulations to all the committee members for next season.

In parting I urge you all to get involved and volunteer as the Pickleball Club moves forward.

Thank you

Bill





GLPC – New Board Members & Sub-Committees for 2023 / 2024

President	Gerry DeJong
Vice-President	Janis Hogan
Secretary	Mark Sanata
Treasurer/Membership	Glenn Spraetz
League/Tournaments	Mike Henderson
Statistician/Newsletter	Kevin Hogan

Special Thanks!

A special thanks to Leon and Sharon Masengale for their donation to the final pickleball outing.

The Pickleball Club was called upon again to serve coffee at the St Patrick's Day, Saturday morning coffee hour at the clubhouse. Thanks to all the club members that showed up to help.

Pickleball was a part to the Friday Sports Mixer last week. Thanks to all the club members that came out to help at the pickleball courts.



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Serving Coffee Saturday Morning – St Patrick's



These are some of the photos taken at the Saturday morning coffee hour at the clubhouse.

















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The Final Picnic & Awards

These are photos taken at our year-end picnic.

















Eight (More) Tips for Better Play

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- 1. But be opportunistic. I just talked about playing defensively, but there are also times where you have to take opportunities when they come. If you see a floater coming to you, smash it! Take the opportunity. But things calm down again and become normalized, then go back to that defensive mode.
- 2. Believe in yourself. I know it's cliche as anything, but it's so true. If you don't have a solid foundation in belief about yourself and your abilities then you're not going to get anywhere. It's normal to doubt yourself when you're playing with people significantly better than you, but it's not normal to doubt yourself all the time. Go here to read a bit more about this.
- 3. Mind the wind. There are many variables when it comes to playing outdoors. One of the most considerable ones is wind. And yes, wind can make a huge difference in the flight of a ball. It's true that outdoor pickleballs are designed to be wind resistant, but they're not windproof. If you're playing in a windy area, reconsider hitting shots on the line due to the wind.
- 4. Stop hitting low percentage shots. We all have trouble with this, even advanced players. If you're unfamiliar, low percentage shots have a small chance of succeeding. These are shots like the third shot drive (on a low bounce) or a powerful, topspin on the centerline. Keeping these shots out of your repertoire will make a huge difference in your success rates.

- **5. Drill, drill and drill some more.** So much of pickleball is about muscle memory. If you want to learn a specific kind of shot or get better at something, you have to drill it. Don't expect to get better at pickleball without doing some drills first.
- 6. Make sure you're holding the paddle correctly. Believe it or not, a lot of consistent pickleball troubles can come from not holding the paddle correctly. If you've never played a racket sport before, then you may feel a bit lost about this. It's pretty easy. Just shake hands with the handle. Go here to read more.
- 7. Watch (if you can) your opponent's feet. People break the kitchen rules without knowing all the time. The problem is that in recreational play, no one is looking. Try to keep an eye on their feet sometimes to catch the faults.
- 8. Wear comfortable clothing. I know that sports apparel companies like to brand their clothes as if they'll play the sport for you, but sports clothing really is great! Wearing clothes that don't fit, are scratchy or don't absorb sweat will just lead to distraction. And you know where that leads!

By: BARRETT KINCHELOE

A Part of his 101 Pickleball Tips
(And that only takes us to his 88th)







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MARCH TOURNAMENT



MORNING GROUP



AFTERNOON GROUP

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WINNERS OF MORNING GROUP

First – Sonny Shuefelt / Mike Bonham Second – Brad Seguin / Larry Van Deventer



WINNERS OF AFTERNOON GROUP

First – Janis Hogan / Joe Beffery Second – Jackie Barto / Steve Augsburger

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2023 Season Year-end Results for the Tuesday & Thursday Ladders & the Monday Night Partner Play

Monday Night Partner Play

High Avg Score

1st **Jackie Barto** 2nd **Joe Beffery**

3rd Steve Augsburger

Most Overall 1st Place Wins (4)

1st -Tie Jackie Barto
Joe Beffery

Most Overall 2nd Place Wins (2)

1st - Tie Mike Bonham Nola Frye

Tuesday Ladder League

High Avg Score		Low Position Points		
1st	Dave Harris		1st	Joel Pinker
2nd	Gerry DeJong		2nd	Dave Harris
3rd	Joel Pinker	Tie	3rd	Glenn Spraetz
			3rd	Steve Augsburger

Thursday Ladder League

High Avg Score		Low	Low Position Points	
1st	Robin Vinovich	1st	Robin Vinovich	
2nd	Glenn Spraetz	2nd	Steve Augsburger	
3rd	Jackie Barto	Tie 3rd	Jackie Barto	
		3rd	Tesesa Blake	

We will see you all again next season!