

Court Report

The Official Newsletter of the Golf Lakes Pickleball Club

Editor: Larry Van Deventer

Edition # 29 January 2022

Website: www.GL-PC.org

Chairman's Message

Welcome to Pickleball 2022, we are back in full swing after a stressful year dealing with the virus.

The Pickleball Board met and approved a medical first aid kit to be used for emergencies on the court. Thank you, Nola for your help setting up the kit and donating supplies. The kit should be available the first week in February. It will be stored behind the bulletin board at the courts. In addition we are working with Pam to provide us with emergency medical guidelines for Golf Lakes.

Please note the AED Defibrillator is located on the side wall in the Fitness Center. Please make sure you know where it is located and your fob is required to get into the Fitness Center.

Wednesday's from 11:00 to 12:30 we are offering lessons to members who want to improve their basic skills and work on the strategies of the game. Special thanks to Janis and Kevin for their time and patience.

Upcoming events:

- Pickleball Tournament Saturday February 19
- Sports Mixer Friday March 18
- Pickleball Coffee Hour, Saturday March 19
- Volunteers are needed for all events.

Suggestions and ideas are welcome. Please contact any Board member.

Have fun, stay safe.

Bill
Chairman



GLPC – Board Members & Sub-Committees for 2021 / 2022

Chairman	Bill Blake
Secretary	Kevin Hogan
Treasurer	Bonnie Frye
Communications .	Larry Van Deventer
Equipment	Mike Henderson
Socials	Janis Hogan
Tournaments & League Ladders..	Mike Henderson Janis Hogan Larry Van Deventer

Pickleball Families

We were saddened to learn of the recent passing of two of our pickleball player's spouses. Marge Whitehurst lost her husband Leeroy and Tom Thelen lost his wife Carol. Please remember both of these players and their families in your prayers.

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New Pickleball Faces



Kurt & Jackie Barto

Jackie is from West Newton, MA. Jackie went to Providence College where she played varsity field hockey, women's ice hockey, and softball. She also coached all three sports at Providence College for 15 years. Kurt and Jackie met at Providence College in 1988 and married in 1991. In 1999 she became the head women's hockey coach at Ohio State University. She coached there until 2012 when they moved to Myrtle Beach where they lived for 9 years.

Kurt grew up in Columbus Grove, OH. Went to Bowling Green State Univ. and worked as a student-athletic trainer. Kurt was certified in 1987 and took a job as asst. athletic trainer at Providence College working primarily with the men's hockey team.

When they moved to Columbus, OH, Kurt started working in construction as a service tech and manager for a home builder. He also worked as a service tech for a property management company. When they lived in Myrtle Beach, he worked in the Horry County Schools as a custodian.



Mark & Roseanne Sanata

Mark is from Brookfield, Ohio and Roseanne is from New Castle, Pa. They have been married 11 years. They are snow birds and live in New Castle, Pa, in the summer.

Roseanne is a hair stylist and has been working in that field since 1979, and works part time in the summer.

Mark is in the car business and has worked in that field for over 30 years, and he is still working part time. They have 7 children and 12 grandchildren. Both of them love playing pickleball.

The January Tournament was cancelled due to weather.

We are looking forward to the February tournament scheduled for February 19th.

Saturday Morning Coffee Hour

If the coffee hour is resumed, the Pickleball Club is scheduled to serve on March 19th.

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Six More Tips for Better Play

1. Take a video of yourself playing. If you've never taken a video of yourself playing, you got to try it! Sports can be a strange endeavor because we perform different movements and techniques with our bodies, yet we can't see what's actually going on. Taking a video of yourself is a great way to do it and you can just do it on your phone.

2. Stay aligned with your partner. Don't leave your partner behind! When you and your partner are trying to get to the kitchen, make sure you that you stick together. This doesn't mean that you should stand right next to them, rather, make sure that you're on the same plane, similar to the way it was on the baseline. If you're further up the court than your partner, then your opponent can hit to the gap that's created.

3. Don't teach people unless it's solicited. There's nothing worse than getting instruction from someone that shouldn't be doing so. I include myself in this category. Even as someone who has written over a hundred thousand words about pickleball, I still never give someone a lesson unless they absolutely want it. There's nothing wrong with teaching someone about the kitchen rules or something like that. But you don't know what kind of instruction the player has received before. It can put people in an awkward situation where they're hearing two different things from two different people.

4. Don't just hit it. This is the #1 mistake that I see beginners make. I see this the most often with the third shot drop. Most times, a player should be using a drop shot on the third shot of the point, but often what I see is that they'll hit it as hard as they can and up into the air. I totally understand, but this is going to lead to disaster. I recently taught a new player to control their third shot instead and try to be softer with it. It changed her game entirely and she's now getting significantly better at pickleball.

5. Control your smashes. A smash is only good if it makes it over the net. How many times have you seen someone wind up a huge overhead smash to only see it go into the net? I know; I've done it. Overall, the harder you smash, the less control you have over the shot. Instead, try to dial down the power a bit in favor of more control. This way you at least get the ball over. Even if it's not as powerful as your "super smash", it's still probably good enough to win the point.

6. Dink to the backhand. The vast majority of people are going to be weaker in their backhand than they are in their forehand. When you're [dinking](#) at the net, make it as hard for the opponent as possible and hit to their backhand.

By: BARRETT KINCHELOE
A Part of his 101 Pickleball Tip
